October 2020

City View Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Activity Room, AR Theatre, T Exercise Room, ER Lobby, LOBB Pub, P Chapel, CH 2L, 2L		Please note all activities are subject to change at any time.	SOCIAL DISTANCING IS IN EFFECT	1 10:45 Jazzercise with Rachelle, ER 02:00 Afternoon Music and Happy Hour with Cuppa Joe, LOBB 03:00 Darts, P 03:00 Bridge, LOBB	2 09:30 Quick Morning Meditation, AR 10:30 Trivia, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 Movie Night, T	3 09:30 Inspirational Colouring, LOBB 10:00 Spiritual Time with Fidele, T 02:00 Basketball, AR 03:00 Happy Hour, AR 07:00 Saturday Evening Puzzle , LOBB
4 10:00 Spiritual Service CALL 613-800-8019, CH 02:00 Movie Matinee, 2L 03:00 Happy Hour, AR 04:00 Air Hockey, P 07:00 Sunday Night Movie, T	5 10:00 Choir-New Members Welcome, CH 10:30 Morning Manicures, 2L 02:00 Fun and Fit Exercise- Group 1, ER 02:00 Audiobook Club, AR 02:30 Fun and Fit Exercise- Group 2, ER 03:00 Happy Hour, AR	6 10:00 Lillian's Knitting Group, T 10:15 Latin Chair Dancing, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 TV Show Night, T	7 10:30 Fit Minds, AR 01:30 Fun and Fit Exercise- Group 1, ER 02:00 Fun & Fit Exercise- Group 2, ER 02:30 Fun & Fit Exercise- Group 3, ER 03:00 Happy Hour, AR	8 09:30 Dr.Teehan's History, P 10:45 Jazzercise with Rachelle, ER 02:00 Audiobook Club, AR 02:00 Bridge, LOBB 02:30 Darts, P 03:00 Happy Hour, AR 07:00 Bowling, AR	9 09:30 Quick Morning Meditation, AR 10:30 Thankful Tree, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 Movie Night, T	10 09:30 Inspirational Colouring, LOBB 10:00 Spiritual Time with Fidele, T 02:00 Afternoon Music with Greg Elliott, AR 02:00 Euchre , LOBB 03:00 Happy Hour, AR 07:00 Saturday Evening Puzzle , LOBB
11 10:00 Spiritual Service CALL 613-800-8019, CH 02:00 Movie Matinee, 2L 03:00 Happy Hour, AR 04:00 Air Hockey, P 07:00 Sunday Night Movie, T	12 10:00 Choir-New Members Welcome, CH 02:00 Movie Matinee, T 03:00 Happy Hour, AR 07:00 Movie Night, T	13 10:00 Lillian's Knitting Group, T 10:15 Latin Chair Dancing, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 TV Show Night, T	14 10:30 Fit Minds, AR 01:30 Fun and Fit Exercise- Group 1, ER 02:00 Mulled Wine and Cheese Social, AR 02:00 Fun & Fit Exercise- Group 2, ER 02:30 Fun & Fit Exercise- Group 3, ER 03:00 Happy Hour, AR	15 10:30 Anglican Service, CH 10:45 Jazzercise with Rachelle, ER 02:00 Bridge, LOBB 02:00 Audiobook Club, AR 02:30 Darts, P 03:00 Happy Hour, AR 07:00 Bowling, AR	16 09:30 Quick Morning Meditation, AR 10:30 Pumpkin Painting, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 Movie Night, T	17 09:30 Inspirational Colouring, LOBB 10:00 Spiritual Time with Fidele, T 02:00 Basketball, AR 02:00 Euchre , LOBB 03:00 Happy Hour, AR 07:00 Saturday Evening Puzzle , LOBB
18 10:00 Spiritual Service CALL 613-800-8019, CH 02:00 Movie Matinee, 2L 03:00 Happy Hour, AR 04:00 Air Hockey, P 07:00 Sunday Night Movie, T	19 10:00 Choir-New Members Welcome, CH 10:30 Morning Manicures, 2L 02:00 Audiobook Club, AR 02:00 Fun and Fit Exercise- Group 1, ER 02:30 Fun and Fit Exercise- Group 2, ER 03:00 Happy Hour, AR	20 10:00 Lillian's Knitting Group, T 10:15 Latin Chair Dancing, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 TV Show Night, T	21 10:30 Fit Minds, AR 01:30 Fun and Fit Exercise- Group 1, ER 02:00 Food For Thought Meeting, AR 02:00 Fun & Fit Exercise- Group 2, ER 02:30 Fun & Fit Exercise- Group 3, ER 03:00 Happy Hour, AR	22 09:30 Dr.Teehan's History, P 10:45 Jazzercise with Rachelle, ER 02:00 Bridge, LOBB 02:00 Audiobook Club, AR 02:30 Darts, P 03:00 Happy Hour, AR 07:00 Bowling, AR	23 09:30 Quick Morning Meditation, AR 10:30 Word Games, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 Movie Night, T	24 09:30 Inspirational Colouring, LOBB 10:00 Spiritual Time with Fidele, T 02:00 Afternoon Music with Greg Elliott, AR 02:00 Euchre , LOBB 03:00 Happy Hour, AR 07:00 Saturday Evening Puzzle , LOBB
25 10:00 Spiritual Service CALL 613-800-8019, CH 02:00 Movie Matinee, 2L 03:00 Happy Hour, AR 04:00 Air Hockey, P 07:00 Sunday Night Movie, T	26 10:00 Choir-New Members Welcome, CH 10:30 Morning Manicures, 2L 02:00 Audiobook Club, AR 02:00 Fun and Fit Exercise- Group 1, ER 02:30 Fun and Fit Exercise- Group 2, ER 03:00 Happy Hour, AR	27 10:00 Lillian's Knitting Group, T 10:15 Latin Chair Dancing, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 TV Show Night, T	28 10:30 Fit Minds, AR 01:30 Fun and Fit Exercise- Group 1, ER 02:00 Resident Information Meeting, AR 02:00 Fun & Fit Exercise- Group 2, ER 02:30 Fun & Fit Exercise- Group 3, ER	29 10:45 Jazzercise with Rachelle, ER 02:00 Birthday Party and Happy Hour with Dai Bassett, AR 02:00 Bridge, LOBB 02:00 Audiobook Club, AR 03:00 Darts, P 07:00 Bowling, AR	30 09:30 Quick Morning Meditation, AR 10:30 Trivia, AR 02:00 Bingo, AR 03:00 Happy Hour, AR 07:00 Movie Night, T	31 09:30 Inspirational Colouring, LOBB 10:00 Spiritual Time with Fidele, T 02:00 Basketball, AR 02:00 Euchre , LOBB 03:00 Happy Hour Costume Contest, AR 07:00 Saturday Evening Puzzle , LOBB